

# Season 10 Parent Handbook

# Ultimate Thunder All Stars 2025-2026 Season Information

Dear Ultimate Thunder Allstars Parent(s),

Thank you so much for your interest in the Ultimate Thunder All Stars Cheer, Dance and Step program!

We are so blessed and excited to kick off our  $10^{th}$  season. We are anticipating a very exciting and successful year. Our entire staff takes great pride in coaching our athletes to their highest potential. While building skills in dance, tumbling and cheerleading are important, we are most proud of the character, personal achievement, teamwork, and self-esteem our athletes gain while being a part of our program.

We want you to know that we are dedicated to giving each athlete the ultimate cheerleading, dance and/or Step experience. The goal of our coaching staff is to offer the best technical training for our athletes, while focusing on teamwork and integrity.

Once again, thank you for joining our UTA family and Welcome!

Sincerely,

Felnicia Williams Program Director, Ultimate Thunder All Stars

## General Information

- Parents, we understand that competitive sports can be a costly and timeconsuming sport. The sport of competitive Cheerleading, Dance and Step takes a total commitment by the entire family. We set these rules to ensure that each team can perform at their highest ability.
- Ultimate Thunder places your child on teams based on their age, skill, and maturity level. We currently offer competitive cheer levels 1 3, Exhibition, Prep, and Elite, Hip Hop Dance, and STEP. It isn't uncommon to remain on the same level for multiple years. We do this for the safety of your child and to put together the most competitive teams. Ultimate Thunder aims to have teams with full team skills.
- Competitive Cheer, Dance, and STEP is a team sport. When withholding a child from practice or a competition, you are not only punishing your child, but every other team member and parent on the squad.
- Disrespecting athletes, parents, coaches, or staff will not be tolerated.
   Parents are NEVER to address another athlete personally. If you or your child has an issue with another athlete, you must first go to the coach for assistance. If such actions take place, the athlete may be removed from the team.

# Monthly Tuition

- Monthly Tuition: \$125 (1<sup>st</sup> child), 10% discount for each additional sibling.
   Monthly tuition covers expenses for maintaining the gym and required insurance for all cheerleaders.
- Monthly Tuition: \$100 for Dance and STEP.
- Tuition is due on the 1<sup>st</sup> of each month (July May). See payment schedule included.
- If payment is not received by the 5th of each month, there will be an additional \$25.00 fee that will be applied. Cheerleaders will also be asked to sit out of practice if more than 30 days/\$125 past due until tuition is paid.

- Outstanding fees will result in removal from the team.
- Payments can be made through your online portal, or Cash App at \$Thundercheer. If you choose to pay via Paypal please note an additional 3% plus \$3.50 will be added to the fee.
- Please keep in mind we must have all payments when requested so that competition fees and other expenses can be paid on time.

# Safety and Sportsmanship

- Safety is a top priority at Ultimate Thunder. All athletes are expected to take all elements of practice seriously. Any lack of focus (excessive talking, disrespectful behavior) will not be tolerated.
- If an injury does occur, alert the nearest staff member immediately. Parents will be notified immediately of any serious injury or issue.
- All athletes are expected to treat their coaches, teammates, and all staff with respect. We teach our athletes to be disciplined in their behaviors and to understand that mutual respect of our Ultimate Thunder Allstars family is key to our success. Any negative behaviors will not be tolerated.
- Our Ultimate Thunder family prides itself on our commitment to sportsmanship. Our goal is to motivate our athletes at every level and recognize and encourage positive behaviors.

# Attendance and Practice

- Practice schedules will be determined after final team selections are made.
   Generally, practice will be twice a week, with additional practice days added if needed during the weeks prior to a competition. Each practice will be 1.5 2 hours depending on the team. Parents will be notified of any extended and/or extra practices.
- ATTENDANCE AT ALL PRACTICES FROM JULY THROUGH MAY ARE MANDATORY. If you must miss a practice, please notify us via email (ultimatethunderas@gmail.com) or Ultimate Thunder (Team) BAND as soon as possible. General rules: if it's on the calendar, it's mandatory.
- Please note COMPETITIVE CHEER DANCE and STEP is a sport that relies on full participation from all team members. Excessive absences

are detrimental to the team and may result in being removed from the team.

- You are allowed up to 2 UNEXCUSED absences during the season (July-May). After 2, you may be moved to an ALTERNATE position on your team for the remainder of the season. (UNEXCUSED ABSENCES INCLUDE: failure to notify coaching staff prior to practice time) If this happens, a meeting will be held with the parents and cheerleader.
- o Missed practices are not permitted during the week prior to competition.
- If you are not feeling well, but not seriously ill COME TO PRACTICE.
   Even if you just watch, you will be up to speed on changes, etc.
- Practice attire (Practice Sets and bow) is MANDATORY.
- If an athlete is not in full practice attire they will face being set out or asked to purchase a UTA shirt from the proshop.
- No jewelry is to be worn in practice.
- No cell phones are allowed during practice. All cell phones must be put away until practice ends.
- Be on time. Come to practice prepared with water and proper attire, ready to work and have fun!

## Competitions

- Please note that competition days are long, and we ask that you block the
  entire day off for cheer. This does not mean that every competition will
  last all day, however, we do not know our performance schedule until a
  few days prior to competition.
- All scheduled competitions are mandatory. Please review the competition schedule once released and plan accordingly. We will have the final competition scheduled for you no later than the month of September and we will try our best not to deviate from that.
- Ultimate Thunder makes every effort to attend local competitions.
   However, there will be some competitions that require out of state travel and/or overnight stays.
- Failure to attend a competition without the coaches having prior knowledge/approval will result in immediate removal from the team.

### Fundraising/Sponsorship

- Ultimate Thunder will offer individual and organizational fundraising opportunities to help alleviate the cost of the fees associated with All Star sports throughout the season. Monies raised may go towards season expenses, such as coaches/equipment, end of season cheer banquet, and team bonding activities. All other funds will go directly to your athlete's account.
- You may seek individual or team sponsorships for your cheerleader. Any sponsorships will be applied directly to your athlete's account. Please see a UTA Staff member for more details.
- We're always open to new fundraising ideas so please share.

### Ultimate Thunder All Star Gym Rules

#### ATHLETES

- 1. NO FOOD IN GYM
- 2. NO GUM/CANDY/SUGARY DRINKS IN GYM
- 3. NO JEWELRY
- 4. USE RESTROOM BEFORE PRACTICE
- 5. BRING WATER OR PURCHASE FROM CONCESSION
- 6. BE ON TIME (10-15 MINUTES BEFORE PRACTICE TIME)
- 7. NO CELL PHONES DURING PRACTICE
- 8. RESPECT COACHES/TEAMMATES/STAFF
- 9. PRACTICE AT HOME
- 10. NO POSTING/NEGATIVE BEHAVIOR ON SOCIAL MEDIA

#### PARENTS

- NO RECORDING/POSTING ON SOCIAL MEDIA DURING SEASON
- 2. NO PARENTS IN GYM DURING PRACTICE
- 3. ENCOURAGE ATHLETES AT HOME
- 4. SEE STAFF FOR SWAG PURCHASES
- 5. NO POSTING/NEGATIVE BEHAVIOR ON SOCIAL MEDIA
- 6. NO BASHING/BULLYING OTHER TEAMS/ORGANIZATION

## Mini, Youth, Jr, and Seniors: Itemized Registration Packet Prices and Due Dates

Please note, these items are listed individually on your payment schedule. You have the option to pay the full amount at one time (for each item) or make payments. Payments have been divided to spread out over the season.

Note: UTA Online Payment system does charge a convenience fee. You still have the option to use Cash App (\$Thundercheer) or cash.

#### Cheer Packet (with Uniform)

ITEM	AMOUNT	DUE DATE
Practice Set/ Comp Bow	\$150	TBD (4 wk production
Music	\$50	9/1/25 (4wk production)
Uniform	\$350	8/1/25 (10wk shipping)
Choreography	\$125	8/23/25 (Elite Teams)
Shoes	\$120	8/23/25(6wk shipping)
Warmup/Cheer Bag	\$150	9/1/25 (5wk turnaround)
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# Competition Fees \$525 (All Level 1.1 Prep and up Teams) Please note these are EARLY registration prices and will go up if not paid on time.

Payment Breakdown	Due Date
\$225.00 (This fee includes MLK entry fee)	TBD
\$100.00	TBD
\$100.00	TBD
\$100.00	TBD

End of the season BID Competitions - Please note, there are end of the season Bid competitions that the teams could win. If a team does win a Bid each athlete is required to attend and raise additional funds to participate.

Month	Amount	Due Date
July	\$125.00	7/1/2025
August	\$125.00	8/1/2025
September	\$125.00	9/1/2025
October	\$125.00	10/1/2025
November	\$125.00	11/1/2025
December	\$125.00	12/1/2025
January	\$125.00	1/1/2026
February	\$125.00	2/1/2026
March	\$125.00	3/1/2026
April	\$125.00	4/1/2026
May	\$125.00	5/1/2026

## <u>Tiny</u>: Itemized Registration Packet Prices and Due Dates

Please note, these items are listed individually on your payment schedule. You have the option to pay the full amount at one time (for each item) or make payments. Payments have been divided to spread out over the season.

### Cheer Packet (with Uniform)

ITEM	AMOUNT	DUE DATE
Practice Set	\$150.00	TBD (2wk shipping)
Music	\$50.00	9/1/25 (4wk production)
Uniform	\$350.00	8/1/25 (8wk shipping)
Shoes	\$110.00	8/23/25 (5wk shipping)
Cheer bag	\$85.00	9/1/25 (6wk shipping)
Bow	\$30.00	9/1/25 (4-6wk shipping)

# Competition Fees \$300 (All Level 1 Teams)

Payment Breakdown	Due Date
\$75.00	TBD

# Monthly Gym Fee for Tiny cheer and Dance/STEP

Month	Amount	Due Date
July	\$100.00	7/1/2025

August	\$100.00	8/1/2025
September	\$100.00	9/1/2025
October	\$100.00	10/1/2025
November	\$100.00	11/1/2025
December	\$100.00	12/1/2025
January	\$100.00	1/1/2026
February	\$100.00	2/1/2026
March	\$100.00	3/1/2026
April	\$100.00	4/1/2026

#### Social Medial Contract

- 1. I am responsible for what I say and do online.
- 2. I understand that anything I post and/or share can go public, even if I send it to a closed group or specific person.
- 3. I will not engage in cyberbullying, trolling, or harassing people online.
- 4. I will report any situation of cyber bullying, trolling, or harassment of any teammate or myself.
- 5. I will not post any personal information.
- 6. I will not post any distasteful, or otherwise inappropriate pictures or comments online.
- 7. I will not post any routine or choreography online.

We ALL REPRESENT Ultimate Thunder All Stars every time we enter a building or event wearing any UTA logo. This carries the responsibility of representing all of the families, athletes, and coaches that built the name (Ultimate Thunder All Stars) and all it encompasses.

#### Consequences

- 1. Verbal warning.
- 2. Parent/Coach Conference.
- 3. 25 minutes of conditioning AFTER practice.
- 4. Benched for a competition or dismissal from the team for the remainder of the season.

## Signature

set forth by Ultimate Thunder	(Athlete Name) agree to the above guidelines All Stars. I understand and agree with the not following the established rules.
forth by Ultimate Thunder All	<u>(Parent Name)</u> agree to the above guidelines set Stars. I understand and agree with the not following the established rules.
<u>Parent C</u>	ontract and Acknowledgements
I acknowledge that I have rec for the Ultimate Thunder All S	eived, read and agreed to the following documents Star 2025-2026 season.
UTA General InfoUTA Itemized Pricing LiUTA Payment ScheduleUTA Social Media Policy	
Parent Signature:	
Athlete Signature:	